

*Immaculate Heart of Mary Parish Presents*  
**A Day of Spiritual Enrichment**

with

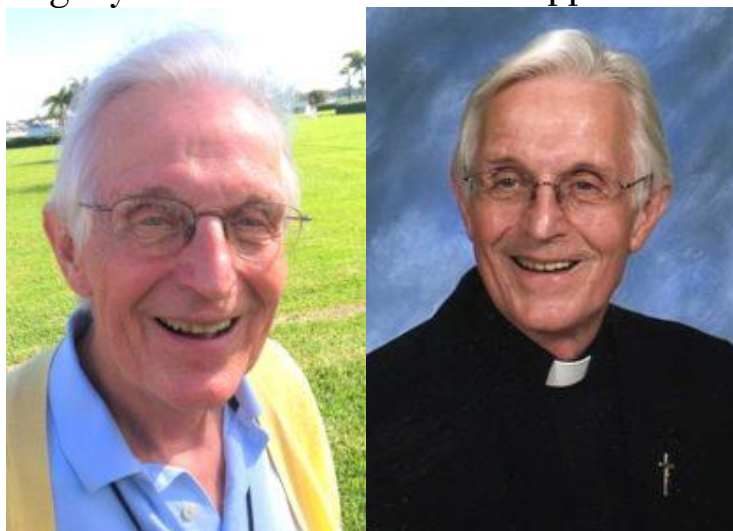
**Fr. Bill Sheehan OMI**

**Immaculate Heart of Mary Church, 180 Loudon Rd., Concord NH**

**Saturday, June 11, 2022, 9am-3pm**

**Donation: \$10**

“Christ Jesus emptied himself . . . and humbled himself . . . therefore God highly exalted him . . .” Philippians 2:5-8



*Fr. Bill Sheehan OMI is an experienced and dynamic speaker and spiritual teacher who has led many Contemplative Prayer workshops and retreats. Since 1983 he has been involved with Contemplative Outreach, founded by Fr. Thomas Keating OCSO*

How can we welcome and embrace what is?

How do we find inner peace and joy?

How can we follow the path of Christ – who through being emptied was filled?

**Donation: \$10.00**

**Checks made out to: IHM. Mail a check (encouraged) or pay at the door.**

**Information:**

**Fr. Ray Ball:** [FrRay3@gmail.com](mailto:FrRay3@gmail.com) or (603) 224-4393 x1

**Kate Rafferty Hall:** [kraffertyhall@gmail.com](mailto:kraffertyhall@gmail.com)

**Attend in Person or Attend by Livestream:** [www.facebook.com/ihtmnh](https://www.facebook.com/ihtmnh)

**Please provide your own refreshments.**